

# Positioned to Receive

21 Days of Prayer & Fasting | January 5–25, 2026

As we start the year, we're choosing to begin the right way—by seeking God together. These 21 days are a simple guide to help us pray, fast, and stay spiritually present as a church family.

You don't have to “catch up” perfectly to be part of this. Just join in today.

**How to use this guide:** Read the Scripture, sit with the devotional, then pray. 5–10 minutes is enough.

**Note:** This isn't a performance. If you miss a day, don't quit—just come back. We're doing this together.

Psalm 139:23–24 (ESV)

**Scripture***Psalm 139:23–24 (ESV)***Devotional**

As we begin this fast, we slow ourselves before God. We don't rush into plans or prayers filled with requests. We start by allowing God to search our hearts. Not to shame us, but to guide us. This is a moment to be honest—about where we are, what we're carrying, and what we need from Him. God already knows us, yet He invites us to come willingly. We choose presence over performance.

**Prayer**

God, we come before You with open hearts.  
Search us and lead us.  
Show us what You want to shape in us.  
We place this season in Your hands.  
Amen.

 We prayed through this today.**Reflection (optional)**

What is God highlighting in our hearts today?	
One response step we want to take today:	

Day 2

## Remembering His Faithfulness

Psalm 103:2–5 (NLT)

### Scripture

*Psalm 103:2–5 (NLT)*

### Devotional

Before we look ahead, we take time to remember. God has been faithful to us in ways both seen and unseen. He has provided, protected, and sustained us through seasons we didn't think we'd survive. Remembering builds gratitude, and gratitude steadies our faith. What God has already done reminds us that He can be trusted again.

### Prayer

God, thank You for Your faithfulness.  
We remember Your goodness today.  
Help us hold on to what You've done.  
We praise You with grateful hearts.  
Amen.

We prayed through this today.

Day 3

## Returning to First Love

Revelation 2:4–5 (ESV)

### Scripture

*Revelation 2:4–5 (ESV)*

### Devotional

It's possible to stay active while drifting inwardly. Today we pause and return our attention to God. Not out of guilt, but desire. We want our love for Him to remain sincere and alive. When our hearts are aligned with Him, obedience flows naturally. We choose to draw near again.

### Prayer

Lord, draw our hearts back to You.

Renew our love for You.

Remove distractions that pull us away.

We want You first.

Amen.

We prayed through this today.

Day 4

## Renewed Hearts

Psalm 51:10–12 (NLT)

### Scripture

*Psalm 51:10–12 (NLT)*

### Devotional

This fast is an invitation for renewal. We come honestly before God, asking Him to refresh what feels weary and restore joy where it has faded. God delights in renewing His people. We bring Him our hearts without hiding or pretending.

### Prayer

God, renew our hearts today.  
Restore joy and strength within us.  
Cleanse what needs cleansing.  
We depend on You.  
Amen.

We prayed through this today.

Day 5

## Trusting God's Timing

Ecclesiastes 3:11 (NLT)

### Scripture

*Ecclesiastes 3:11 (NLT)*

### Devotional

There are moments when we want clarity faster than God gives it. Today we choose trust. God's timing carries wisdom beyond what we can see. We release our urgency and rest in His care.

### Prayer

God, help us trust Your timing.  
Even when we don't understand, we trust You.  
Teach us patience and peace.  
We wait with hope.  
Amen.

We prayed through this today.

Day 6

## Gratitude Before Asking

Philippians 4:6–7 (NLT)

### Scripture

*Philippians 4:6–7 (NLT)*

### Devotional

Gratitude centers our hearts. When we thank God, our perspective shifts and peace follows. Before we ask for anything, we choose to give thanks for what He has already given.

### Prayer

God, thank You for Your presence.  
Thank You for what You've already done.  
Fill us with Your peace today.  
We trust You completely.  
Amen.

We prayed through this today.

Matthew 11:28–30 (NLT)

**Scripture***Matthew 11:28–30 (NLT)***Devotional**

God invites us to rest with Him. Not to stop caring, but to stop carrying things we were never meant to hold alone. Rest allows us to hear Him clearly and move forward wisely.

**Prayer**

Jesus, we come to You for rest.  
Lift the weight we've been carrying.  
Teach us to walk with You.  
We receive Your peace.  
Amen.

 We prayed through this today.**Reflection (optional)**

Where do we feel “heavy” right now?	
What do we want to place into Jesus' hands?	

Day 8

## Faith Without Full Clarity

Hebrews 11:1 (ESV)

### Scripture

*Hebrews 11:1 (ESV)*

### Devotional

Faith doesn't wait for everything to make sense. It chooses trust while still asking God to lead. We move forward believing God sees the full picture. We place our confidence in Him, not our understanding.

### Prayer

God, strengthen our faith.

Help us trust You even when answers are incomplete.

We believe You are leading us.

Amen.

We prayed through this today.

Day 9

## Obedience in Small Steps

Luke 16:10 (NLT)

### Scripture

*Luke 16:10 (NLT)*

### Devotional

God often prepares us through ordinary obedience. Small, unseen choices matter. Today we commit to faithfulness where we are, trusting God to guide each step.

### Prayer

Lord, help us be faithful today.

Teach us to honor You in small things.

We trust You with every step.

Amen.

We prayed through this today.

Day 10

## Preparing Our Hearts

Proverbs 16:3 (NLT)

### Scripture

*Proverbs 16:3 (NLT)*

### Devotional

Preparation begins within. As we surrender our plans to God, He aligns our hearts and directs our paths. We choose openness and humility before Him.

### Prayer

God, we place our plans before You.

Align our hearts with Your will.

Guide us as we trust You.

Amen.

We prayed through this today.

Day 11

## Waiting with Trust

Isaiah 40:31 (NLT)

### Scripture

*Isaiah 40:31 (NLT)*

### Devotional

Waiting is not wasted time. God strengthens us while we wait. Today we remain expectant, trusting God to renew us as we lean on Him.

### Prayer

God, renew our strength.

Help us wait with trust.

We rely on You completely.

Amen.

We prayed through this today.

Day 12

## Staying Teachable

Psalm 25:4–5 (NLT)

### Scripture

*Psalm 25:4–5 (NLT)*

### Devotional

God leads those who are willing to be taught. We approach Him with open hearts, ready to listen and learn. Humility keeps us positioned to receive.

### Prayer

God, teach us Your ways.

Guide us in truth.

We remain open to You.

Amen.

We prayed through this today.

Day 13

## Faith That Moves Forward

James 2:17 (ESV)

### Scripture

*James 2:17 (ESV)*

### Devotional

Faith moves us to action. Today we choose obedience that reflects our trust in God. We step forward believing He is with us.

### Prayer

Lord, help us live out our faith.

Guide our actions today.

We trust You completely.

Amen.

We prayed through this today.

Day 14

## God Goes Before Us

Deuteronomy 31:8 (NLT)

### Scripture

*Deuteronomy 31:8 (NLT)*

### Devotional

God goes before us and remains with us. We do not walk into this season alone. His presence steadies our hearts.

### Prayer

God, thank You for going before us.  
Remove fear from our hearts.  
We trust Your presence with us.  
Amen.

We prayed through this today.

### Reflection (optional)

What are we tempted to fear about the future?	
What would it look like for us to walk forward with trust?	

Day 15

## Releasing Control

Proverbs 3:5–6 (NLT)

### Scripture

*Proverbs 3:5–6 (NLT)*

### Devotional

Surrender invites peace. We release our need to control outcomes and trust God to direct us. He is faithful to guide us forward.

### Prayer

God, we release control to You.  
We trust You with every outcome.  
Lead us in Your ways.  
Amen.

We prayed through this today.

Day 16

## Letting Go of Fear

2 Timothy 1:7 (NLT)

### Scripture

*2 Timothy 1:7 (NLT)*

### Devotional

Fear limits what God wants to do in us. Today we choose courage rooted in trust. God strengthens us with love and clarity.

### Prayer

God, remove fear from our hearts.

Fill us with courage and peace.

We trust You fully.

Amen.

We prayed through this today.

Day 17

## Hope for What's Ahead

Romans 15:13 (NLT)

### Scripture

*Romans 15:13 (NLT)*

### Devotional

Hope anchors our hearts. God fills us with joy and peace as we trust Him. We remain expectant for what He is doing among us.

### Prayer

God, fill us with hope.

Strengthen our faith.

We trust You for what's ahead.

Amen.

We prayed through this today.

Day 18

## Trusting God's Work

Philippians 1:6 (ESV)

### Scripture

*Philippians 1:6 (ESV)*

### Devotional

God remains faithful to complete His work. We trust Him to continue shaping us according to His purpose.

### Prayer

God, we trust Your work in us.

Thank You for Your faithfulness.

We rely on You.

Amen.

We prayed through this today.

Day 19

## Open Hands

Psalm 37:5 (NLT)

### Scripture

*Psalm 37:5 (NLT)*

### Devotional

With open hands, we place our future before God. We commit ourselves to Him, trusting Him to act according to His will.

### Prayer

God, we place our lives before You.

We trust You with our future.

Have Your way in us.

Amen.

We prayed through this today.

Day 20

## Expectant Hearts

Ephesians 3:20 (NLT)

### Scripture

*Ephesians 3:20 (NLT)*

### Devotional

God works beyond what we imagine. We remain expectant, trusting His power at work among us.

### Prayer

God, we trust Your power.  
Open our hearts to receive.  
We believe You are at work.  
Amen.

We prayed through this today.

Psalm 84:11 (NLT)

**Scripture***Psalm 84:11 (NLT)***Devotional**

As we close this fast, we remain positioned before God—grateful, surrendered, and expectant. We trust Him with what He is bringing into our lives and our church. We stand ready to receive.

**Prayer**

God, thank You for meeting us in this season.  
We trust You with what's ahead.  
Our hearts remain open before You.  
We receive all You have for us.  
Amen.

 We prayed through this today.**Reflection (optional)**

What has God done in us during these 21 days?	
One prayer we're carrying into the year:	